



OGS J-1 Scholar Virtual Drop-In Advising Instructions

The **Office of Global Services (OGS)** provides weekly virtual drop-in advising sessions for J-1 scholars on Microsoft Teams **every Wednesday from 12:00 – 1:00 PM Eastern Time**.

The purpose of drop-in advising is to ask quick (5 -10 minute) questions related to your J-1 status and receive professional guidance from an Alternate Responsible Officer (ARO) in OGS who is authorized to provide J-1 advising. During drop-in advising, you will meet one-on-one with an OGS advisor to get answers to your basic questions related to maintenance of J-1 status, travel, employment, 24-month bar and 212(e), extensions, completing your program, and other topics. *For more complex questions or complicated situations, you may be asked to email OGS_Scholars@northeastern.edu to set up an advising appointment with an OGS J-1 scholar advisor.*

This advising is only available to current, Active J-1 scholars who have already entered the U.S. and have an active Northeastern University email address. These sessions are not for F-1 students or J-1 degree/GEO exchange students – please refer to the [OGS website](#) for advising options.

Who Can Attend:

- J-1 Scholars including:
 - Visiting Students
 - Visiting Scholars
 - Visiting Faculty/Lecturers
 - Postdocs
 - Non-Tenure Track Faculty

How It Works:

- Drop-in advising is on a first-come, first served basis.
- When joining drop-in advising, you will be admitted to a virtual waiting room. Please wait there until an OGS advisor(s) admits you to the drop-in advising session.
- The OGS advisor(s) will meet with each J-1 scholar one at a time.
- The drop-in advising session will end at the scheduled end time – anyone still in the waiting room at that point will need to either wait until the next drop-in session or email OGS_Scholars@northeastern.edu if your concern is urgent.

How to Join:

1. Join the Microsoft Teams virtual meeting room using this link: [J-1 Scholar Virtual Drop-In Advising | Meeting-Join | Microsoft Teams](#)
2. You may be prompted to login with your Northeastern University email credentials.
3. You will enter the virtual waiting room. You will be admitted to speak with an OGS advisor once they are finished speaking with the previous J-1 scholar. Please stay in the waiting room so you do not lose your place in the queue.
4. Email OGS_Scholars@northeastern.edu if you have technical difficulties joining the session.