

# Northeastern University Vancouver Campus Pre-Arrival Checklist

## Spring 2022

Thank you for choosing Northeastern University Vancouver. We are looking forward to welcoming you to campus.

Northeastern University Vancouver Campus has an approved COVID-19 readiness plan in place.

Before you plan to travel you are **required by the Canadian Health Officials** to follow the steps outlined here to remain in good health and to safely join the campus community. Thank you in advance for your efforts to help keep our Vancouver campus community and our families safe.

### **Step 1. Check Travel Regulations and Restrictions**

Please check if you meet the travel exemptions and restrictions for international students on the IRCC website [here](#).

*If you do not meet the travel exemptions, you may not travel to Canada.*

### **Step 2. [Check if you qualify for the fully vaccinated traveller exemption.](#)**

Final determination regarding this exemption is made by the Border Officer at the port of entry based on the information presented at the time of entry into Canada. Travellers are required to have a quarantine plan in case you don't receive the exemption.

Please read the [COVID-19: Entering Canada Requirements Checklist](#) to prepare your travel. Please [make sure that your medical exam has not expired](#).

The Government of Canada has recently updated their instructions regarding travel to Canada, and also is requiring that only fully vaccinated people with vaccines approved by Health Canada, may travel on domestic flights, buses and trains. Please note that if you are not fully vaccinated, you will not be permitted to board a connecting domestic flight inside Canada. ***Please make travel plans to arrive directly to your final destination (Vancouver).***

### **Step 3. Register your travelling plan with Northeastern Vancouver**

1. Follow the link here to fill in the [registration form](#) and submit all the required documents. You will be issued a **Travel Letter** after you complete the registration.
2. Make sure to register **minimum 10 days** prior to travelling.
3. Email [s.conlon@northeastern.edu](mailto:s.conlon@northeastern.edu) if you need to update/change any information (e.g., travel date, flight number etc.) after you submit the registration form.

***Please note that travel letters will not be issued until these documents are received.***

### **Step 4. Arriving in Canada**

1. Download the [Government of Canada's ArriveCAN app](#) to facilitate entry to Canada. Please instruct co-arriving family members to download the application as well **before or on the day you travel**.

[Register in advance for your arrival test.](#)

PLEASE NOTE THAT TRAVELLERS TO CANADA MUST HAVE PROOF OF A NEGATIVE COVID 9 MOLECULAR TEST. For details and instructions, please [click here](#).

2. Keep all the proper documentations (see step 2) with you while you travel. Do NOT put them in your checked-in luggage.
3. Arriving by Air
  - Read the [Vancouver Airport \(YVR Passenger Guide\)](#) to understand additional screening measure.
  - Leaving the airport to your quarantine location:
    - If you requested pre-arranged transportation from Northeastern:*  
You will receive a confirmation email leading up to your travel date, verifying the address and phone number that you have provided. On the day of your arrival, you will receive a text message from Uber, which you will need to respond to when you are ready to activate your ride. Questions about your ride can be directed toward [vancouver@northeastern.edu](mailto:vancouver@northeastern.edu).
    - If you did not request pre-arranged transportation from Northeastern:*  
You are not allowed to take public transit of any kind to your quarantine accommodation. Your only alternative options to a pre-arranged ride with Northeastern is to 1) book a taxi/Uber ride or 2) have one friend/family member pick you up. You are not to make any stops between the airport and your quarantine accommodation. Masks are mandatory during car travel.
4. Arriving by Land
  - Go to the isolation location:
    - If you requested pre-arranged transportation from Northeastern:*  
You will receive a confirmation email leading up to your travel date, verifying the address and phone number that you have provided. On the day of your arrival, you will receive a text message from Uber, which you will need to respond to when you are ready to activate your ride. Questions about your ride can be directed toward [vancouver@northeastern.edu](mailto:vancouver@northeastern.edu).
    - If you did not request pre-arranged transportation from Northeastern:*  
You are not allowed to take public transit of any kind to your quarantine accommodation. Your only alternative options to a pre-arranged ride with Northeastern is to 1) book a taxi/Uber ride or 2) have a friend/family member pick you up. You are not to make any stops between the airport and your quarantine accommodation. Masks are mandatory during car travel.

***Recommendation: Limit local travel and exposure to others during the 14 days preceding your trip. Ensure you practice physical distancing, good hygiene, and avoid touching your face.***

## Consequences for Breaching Quarantine

According to the federal [Quarantine Act](#) and corresponding Provincial regulations, the consequences for breaching quarantine are as follows:

Violating any instructions provided to you when you entered Canada or failing to provide accurate information is an offence under the *Quarantine Act* and could lead to up to:

- 6 months in prison **and/or**
- \$750,000 in fines

If you choose to break your mandatory quarantine or isolation, resulting in the death or serious bodily harm to another person, you could face:

- a fine of up to \$1,000,000 **or**
- imprisonment of up to 3 years **or**
- both

The *Contraventions Act* gives police (including the RCMP, provincial and local police) more power to enforce the *Quarantine Act*. They can issue tickets to people who don't comply with the act or the emergency orders. Fines range from \$275 to \$1,000.

## Northeastern University Vancouver Campus' Obligation to Report

The BC Public Health Office and the Ministry of Advanced Education, Skills and Training require us to report any instance of non-compliance during a student's 14-day quarantine period. We will provide your name, details of your quarantine plan, and information about the non-compliance. Any consequence will be at the discretion of either regulatory body. If you are unable to continue your studies in Canada tuition refund policies will be applied, and you may be ineligible for a refund.

## After Arrival: Daily Monitoring

A member of our Arrival Team will contact you every day during the course of your quarantine to seek information on your well-being and that of your accompanying family members, and to provide any information on the following subjects:

- Food and water
- Medical care, including testing
- Mental health supports
- Social supports
- Phone or internet services
- Environmental cleaning protocols

The Arrival Team will also be available to help arrange contactless delivery of required medication or other items in the event that you or an accompanying family member exhibits symptom of COVID 19.

## **The Arrival Team Members and Contact**

Operations Manager: Chandra Stalker (She/Her/Her)  
[c.stalker@northeastern.edu](mailto:c.stalker@northeastern.edu)

Student Services Advisor: Serena Conlon (She/Her/Her)  
[s.conlon@northeastern.edu](mailto:s.conlon@northeastern.edu)

International Student and Scholar Advisor: Nina Liu (She/Her/Her)  
[n.liu@northeastern.edu](mailto:n.liu@northeastern.edu)

Operations Assistant: Aashika Babu (She/Her/Her)  
[a.babu@northeastern.edu](mailto:a.babu@northeastern.edu)

Operations Assistant: Misa Zhang (She/Her/Her)  
[si.zhang@northeastern.edu](mailto:si.zhang@northeastern.edu)

Student Support Specialist: Brielle Buechler (She/Her/Her)  
[b.buechler@northeastern.edu](mailto:b.buechler@northeastern.edu)

## **Quarantine Accommodations and Food Delivery Services**

You may find the quarantine accommodation and food delivery services in the Vancouver area from the OGS Canada website [here](#).

## **BC Covid-19 APP & Self-Assessment Tool**

[The BC COVID-19 Self-Assessment Tool](#) will help determine if you need further assessment for COVID-19 testing by a physician, nurse practitioner or a local collection center. Safe testing may be available at different health care settings.

## **BC Provincial Health Information and advice phone line**

By calling 8-1-1, you can speak to a health service navigator, who can help you find health information and services; or connect you directly with a registered nurse, a registered dietitian, a qualified exercise professional, or a pharmacist. Any one of these healthcare professionals will help you get the information you need to manage your health concerns, or those of your family.

**Telephone:** 811

## **Covid-19 Hotline**

Province of BC Covid-19 hotline: Non-medical information about COVID-19

**Telephone:** 1-888-COVID19 or text 604-630-0300.

Available daily 7:30 a.m. - 8:00 p.m. PST. Information available in over 110 languages.

## **Emergency Services**

Call if you're having difficulty breathing or experiencing other severe symptoms.

**Telephone:** 911

